

LEFT/RIGHT BRAIN DOMINANCE CHARACTERISTICS

LEFT

- sequential
- intellectual
- structured/planned
- controls feelings
- analytical
- logical
- remembers names
- rational
- solves problems by breaking them apart
- time-oriented
- auditory/visual learner
- prefers to write and talk
- follows spoken directions
- talks to think and learn
- prefers T/F, multiple-choice and matching tests
- takes few risks (with control)
- looks for the differences
- controls right side of body
- thinks mathematically
- thinks concretely
- language abilities
- thinks of one thing at a time

RIGHT

- holistic
- intuitive
- spontaneous
- lets feelings go
- creative/responsive
- more abstract
- remembers faces
- more likely to act on emotions
- solves problems by looking at the whole
- spatially oriented
- kinesthetic learner
- prefers to draw and handle objects
- follows written or demonstrated directions
- “pictures” things to think and learn
- prefers essay tests
- takes more risks (less control)
- looks for similar qualities
- controls left side of body
- musical abilities
- emotional
- thinks simultaneously

